

Color Splash 5K Walk/Run  
Entry Form—May 21st  
Sturgis Brown High School  
Parking lot

Name 1: \_\_\_\_\_

Name 2: \_\_\_\_\_

Name 3: \_\_\_\_\_

Name 4: \_\_\_\_\_

Name 5: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_

T-shirt Size (circle w/quantity for each size):

XS S M L XL XXL XXXL

Youth Size \_\_\_\_\_

Entry is \$20 before 5/10/2019, \$25 after 5/10/2019

Amount Enclosed \_\_\_\_\_

In consideration of your accepting this entry, I hereby, for myself, my personal representatives, heirs, next of kin, sponsors, and assigns do hereby waive and release any and all rights and claims for damages, or losses against the organizers or sponsors of this event. I have read this document, I understand it is release of claims. I understand I assume all risk inherent in my participation in the event. I voluntarily sign my name evidencing my acceptance of all the above provisions.

signature \_\_\_\_\_ date \_\_\_\_\_

2019 EMS T-Shirt  
Order Form



Name : \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

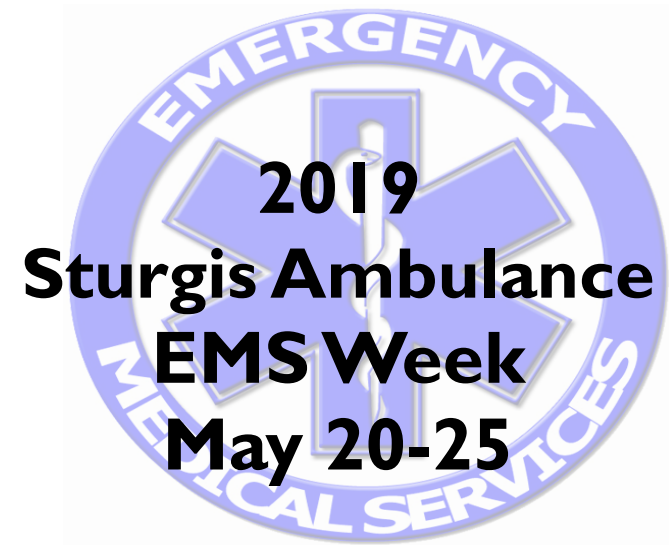
Shirt Size & Quantity

<u>Short Sleeve</u>	<u>Long Sleeve Tee</u>	<u>Crew Sweatshirt</u>
\$15/\$17 for *	\$20/\$22 for *	\$25/\$27 for *
_____ S	_____ S	_____ S
_____ M	_____ M	_____ M
_____ L	_____ L	_____ L
_____ XL	_____ XL	_____ XL
_____ XXL*	_____ XXL*	_____ XXL*
_____ XXXL*	_____ XXXL*	_____ XXXL*

<u>Hooded Sweatshirt</u>	<u>Kids Short Sleeve</u>	<u>Kids Long Sleeve</u>
\$30/\$32 for *	\$15	\$20
_____ S	_____ 2T	_____ 2T
_____ M	_____ 3T	_____ 3T
_____ L	_____ 4T	_____ 4T
_____ XL	_____ 2-4	_____ 2-4
_____ XXL*	_____ 6-8	_____ 6-8
_____ XXXL*	_____ 10-12	_____ 10-12
	_____ 14-16	_____ 14-16

Total Shirts Ordered \_\_\_\_\_ Amount PD \_\_\_\_\_

Make checks payable to Sturgis Ambulance. Return forms to ambulance station by 5/10/19. Questions call 347-5801



EMS STRONG  
“Beyond the Call”

Summary of Events (see inside for more details)

**Monday May 20th:**

3pm-7pm Open House, Blood Drive, Supper at the Ambulance Station.  
7pm Movie Walk—Ride or Rodeo

**Tuesday May 21st:**

5:30 Color 5K Sturgis Brown High School  
7pm Amberley Snyder Motivational Speaker

**Wednesday May 22nd:**

Kids Safety Day—School Visits

**Thursday May 23rd:**

6pm STOP THE BLEED and CPR Class for the Community and Businesses

**Friday May 24th:**

Honoring of Emergency Personnel at noon  
Northern Hills EMS Tournament in Sturgis

To learn about upcoming events follow us on Facebook. Facebook.com/SturgisAmbulance

# EMS STRONG

EMS WEEK  
MAY 20th thru May 26th

## Monday May 20th

*Sturgis Ambulance Station -1901 Ballpark Rd, Sturgis*

**1:30 - 5:30 pm**

-Blood Drive

Walk-ins welcome or sign-up at:  
[www.unitedbloodservices.org](http://www.unitedbloodservices.org) or call the station at 347-5801.

**3:00 - 7:00 pm**

- Open house with activities for all ages.

**5:00 - 8:00 pm**

- Free will donation supper for the whole family. Proceeds will help with efforts to purchase an ambulance.

**7:00 - 8:30 pm**

- **Family Movie: Walk - Ride - Rodeo**

Nationally ranked barrel racer Amberley Snyder barely survives an automobile accident. Now paralyzed from the waist down, she fights to earn back her place in the sport she loves.



## Tuesday May 21st

**5:30 pm Sturgis Brown High School**

-Annual Color Splash 5K

-Run/walk the 5k as healthy family friendly activity.

-All participants receive a t-shirt.

-Sign up in advance or the day of the run/walk.

-See registration form on back of brochure



**7:00 pm**

- **Amberley Snyder - Motivational Speaker**

An inspirational message about Amberley's life journey before and after a tragic accident, leaving her paralyzed from the waist down. Her goals in physical therapy were "Walk, Ride, Rodeo." Her message of faith and determination will open your heart to the possibilities of happiness regardless of your life situation while motivating you to set the goals to overcome the challenges thrown in your path.

**Sponsored by: Black Hills Energy**



## Wednesday May 22nd

**8:30am – 2:30pm**

-Elementary Schools will visit the station to meet the staff and have an educational experience.

## Thursday May 23rd

**6:00 pm Sturgis Ambulance Station**

-We will be hosting a CPR and Stop the Bleed Class for all businesses and community members. With the cost of the class, your business will receive a 'Stop the Bleed' kit to be placed in your business, and seats for an unlimited number of employees. If you have any questions please call the station at 605-347-5801. The cost will be \$80 please RSVP to [shawnf@sturgisgov.com](mailto:shawnf@sturgisgov.com)

## Friday May 24th

**TURN STURGIS RED IN MEMORY OF DAVID FISCHER & EMERGENCY RESPONDERS**

***Noon at Harley-Davidson Plaza***

- We will be honoring all emergency responders in the area and having a moment of silence for our fallen EMT & Assistant Fire Chief David Fischer.

**6:00 pm Sturgis Fields**

- Northern Hills EMS Tournament

- Come out and cheer on your favorite town as ambulance crews compete to win the traveling trophy.

Past champions are:

2018 Rapid Fire  
2017 Sturgis EMS  
2016 Rapid Fire  
2015 Sturgis EMS  
2014 Sturgis EMS  
2013 Sturgis EMS

**COME OUT AND CHEER FOR STURGIS SO WE CAN BRING THE TROPHY HOME AGAIN.**